

# Wrinkle Time

MAY 2013

Sat May 18!

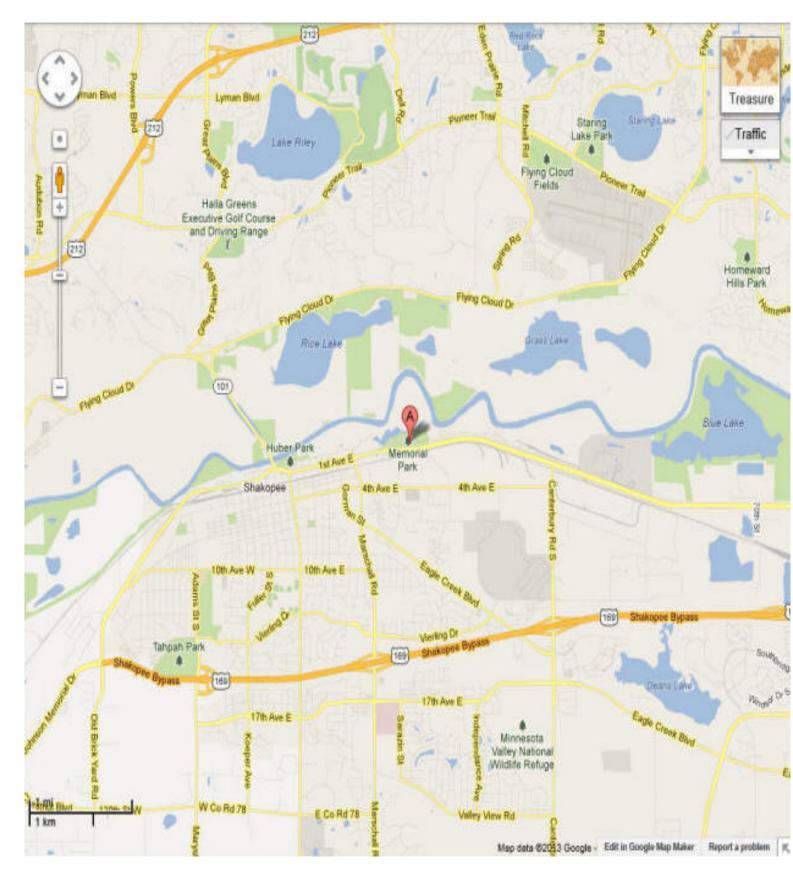


May 18th, eat at noon! Picnic in the Park Shakopee Memorial Park

No Bullindist Fun

#### Picnic is at Memorial Park in Shakopee, May 18th

#### Eats at noon!



## What to Bring?

For our Picnic in the Park please bring:

- A dish to pass
- Lawn chairs
- Water for your bully friend
- Your own non-alcoholic beverages
- Money for the rescue silent auction and bazaar!

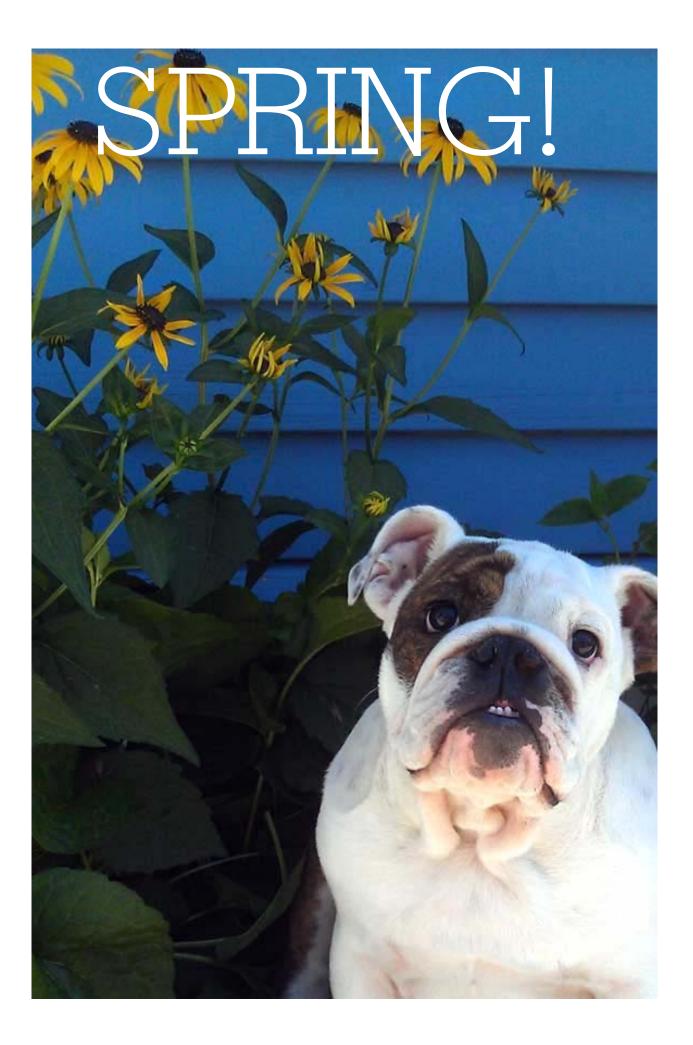
Please volunteer! We need:

- Three people to arrive at 11 am to help set up
- Three people to stay and help clean up
- Someone to set up and run the Agility/Obstacle/Olympic course
- Two helpers to time the Dress Your Bulldog Game





Rest In Peace Max!



### Kombucha for your Pooch-a!

**Have you ever considered what Kombucha might do for your pets?** Well, I had that exact question about my dog, Sydney. I have to say, the results have been very pleasing for both of us.



When we first got Sydney, she was not in good health. About 6 months old, undernourished, a little runty and with a bad case of mange, Sydney had clearly lived a rough early life like so many other dogs. However, she was incredibly sweet natured, despite being very nervous, and simply wanted to find a loving home.

The veternarian prescribed a very **powerful monthly antibiotic medication that literally knocked this little dog off her feet** for days at a time after it was administered. Her mange started to improve, though the effects of the medication seemed to worsen each month.

Still, I was informed that Sydney would continue to require this treatment. "For how long?", I asked. "Forever, or it might come back." What?!?! That seemed like a terrible idea, considering how much the medication impacted her activity level.

I headed for my local Co-Op and found a **homeopathic medication for her mange**, which was basically a **probiotic mix for dogs**. Lo and behold, she continued to improve without the heavy duty medication. Not having to poison her each month was a great relief, and her vitality also improved weekly. **I really feel a bit silly that I hadn't considered Kombucha at the time.** The bacteria and yeasts of Kombucha are healthful not just for humans, but for many other animals as well. Depending on your dog's diet (I have a friend who feeds her dogs a strictly brown rice and veggies!), your pet may be subsisting on processed food that may not digest well and can cause issues, just like processed food does to humans. This can lead to many ailments – halitosis, overweight, skin conditions and more.

**Kombucha may help to restore balance to your pet's digestive system.** Especially after being administered anti-biotics, Kombucha can restore a healthy balance of flora to your pet's gut. But remember, they aren't people and the dosage isn't going to be the same. For smaller pets, you will want to keep the portion size small (1-2 teaspoons), once a day.

Her fur filled in fairly quickly on doggy probiotics. Kombucha helped finish off the recovery. I give Sydney Kombucha every morning with her food. She gets a very **small splash from the Continuous Brewer over her wet/dry mix.** Though she sometimes snorts at the first smell of the booch, she always finishes her breakfast!

I wouldn't recommend Kombucha be poured over dry food or it will just clump up and your dog (or cat or bunny or horse...) might not eat it. Only wet food or a wet/dry mix. As an alternative, for those who only serve dry food to their pets, you might try **adding the Booch to the water dish**, again 1-2 teaspoons for smaller animals, 1-2 ounces for larger ones, once a day. Some animals sensitive to smell, might hesitate to drink that water at first. Simply reduce the dosage until they are comfortable with the flavor, then gradually increase. As a result, **her bowel movements are more consistent** and much easier for me to clean up. Her coat, which has improved over time, has grown even **shinier and glossier** since adding Kombucha to her daily routine. Plus, I've noticed she has **fewer fleas** in the summer months.



In fact, if your pet has any skin ailments or external **evidence of fleas on your pets, you can use Kombucha** in a spray bottle to apply directly to the affected area. It should soothe some of the pain as well as drive away fleas as they do not like the pH levels.

Also, **if your pets are dirty**, grab that same spray bottle, fill it with a Kombucha/water mix (and a drop of tea tree oil if you want – but just 1 small drop!), **get yourself a rag and give them a few sprays**. Use the rag to wipe them clean and you will see the dirt come off very nicely.

Not only that, because **Kombucha is anti-microbial, it prevents that "wet-dog" odor** from taking hold, instead leaving your dog smelling fresh. And just like human hair, Kombucha will soften your pet's fur whether you spray it on or feed it to them.



If you want to get really creative, **some dogs enjoy a chewie treat made** 

**from a dehydrated SCOBY**. Simply dry out an old SCOBY that you were ready to retire anyway, then smear it in peanut butter or some other delicious substance and watch the dog go nuts on it. The texture of the dried out culture is like pliable leather. The probiotics work their balancing act. I guess it should be no surprise that **Kombucha can be a healthy addition to your pet's life**. However, just like with humans, Kombucha is a detoxifier, so keep the servings very small, especially at first, and observe how your pet reacts to the Kombucha treatment.

 $Trackback\ URL\ http://www.kombuchakamp.com/2010/10/kombucha-for-your-pooch-a.html/trackback$ 

Thanks to Melissa for forwarding this article. All credit goes to the URL above.

## From Your Editor

I apologize these newsletters have become few and far between this year. If you submitted something that didn't get printed in this newsletter please re-send. It has been a rough year for Wrinkle Time thus far but we are looking to a brighter second half of 2013!

# HUMIDITY is NOT your buildog's friend!

Please remember that humidity can come on suddenly in this great state of ours! Today it will be great and tomorrow naturally curled hair people curse as well as bulldogs. Be careful because just as you take time to adjust to spring and summer so do your dogs!

### You Write the Caption



### Please send your captions!

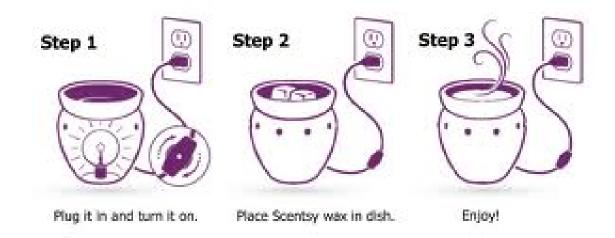
### Wrinkle Time

## Rescue Fundrai\$er\$

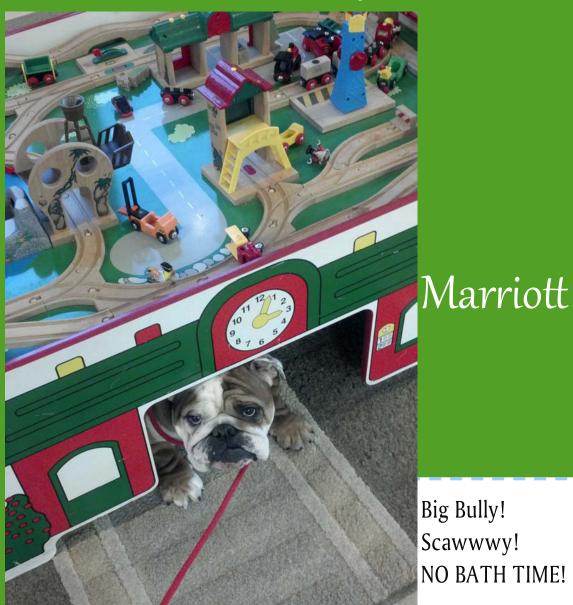
The picnic is one of rescue's fundraisers. There will be items to buy and a silent auction. Please support our rescue generously.

Karen is planning an online Scentsy party too. If you aren't familiar, Scentsy is a wickless melting wax system that has many amazing "flavors" or "scents." Karen's name will be on the fundraiser with all profits going to rescue. A couple of the benefits Karen likes are: (1) COM-PLETELY fills the room(s) with fragrance like nothing else she's tried, (2) NO FLAME, and (3) melted wax isn't hot enough to burn you or your dogs.

A separate email will arrive in your inbox regarding that opportunity.



### You Wrote the Caption



NO BATH TIME!

What time is the train getting in? Can't find me—can't trim my nails. You can't make me! This is the funniest looking kennel ever. Come into my lair... I'm too cute for a bath!



